

Breakfast

MSC Express

Scrambled or fried eggs, pork sausages and bacon*

with hash brown potatoes, grilled tomato and sautéed mushrooms with garlic and parsley

Eggs and Omelettes

Your choice of eggs to order*

sunny-side up, over easy, boiled, scrambled or poached

Scrambled eggs with cheese*

Create your own omelette*

bacon, ham, mushrooms, cheddar cheese, sweet peppers, spinach, tomato, onions, served with hash brown potatoes

Eggs Benedict*

poached eggs on smoked ham and toasted English muffin, covered with hollandaise sauce and cheese

V Eggs Florentine*

poached eggs on toasted English muffin, sautéed baby spinach, Mornay cream sauce

V Scrambled tofu with spinach and mushrooms

From the Sea

Rollmops*

pickled herring rolls

Grilled kippers*

sautéed potatoes and lemon wedges

Smoked salmon*

with onions, tomatoes, capers and lemon

On the Side

Cold cuts

salami, cooked ham, mortadella, turkey

Hot sides

bacon, cooked ham, sausages

V Vegetables and potatoes

grilled tomatoes, roasted mushrooms, hash brown potatoes, sautéed potatoes, baked beans

V International cheese selection

ricotta, Gouda, Emmental, mild provolone

Beverages

Hot drinks

American coffee, decaffeinated coffee, hot chocolate, selection of teas and infusions

Fruit juices

orange, pineapple, ACE, grapefruit, tomato

V Vegetarian

V Vegan

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If you have any allergy or sensitivity to specific foods, please notify our staff before ordering.

*Public health advisory: Consuming raw or undercooked meats (poultry, beef, lamb, pork, etc.), seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Hot and Crispy

Buttermilk pancakes

Belgian waffles

your choice of toppings: mixed berries, whipped cream, syrup or chocolate

Cinnamon raisin French toast with syrup

Baked Just for You

Bread

white and wholemeal rolls, pumpernickel, sliced wholemeal or six-grain bread, baguette, white and wholemeal bread toasts

Selection of pastries

croissants, pain au chocolat, Danish, muffins, brioches with pearl sugar

The Fibre Harbour

Hot cereals

oatmeal, cream of wheat, grits
[brown sugar and raisins on request]

Cold cereals

Corn Flakes, Choco-Krispies, Frosties, Müsli, Rice Krispies, All-Bran

Birchermuesli



Birchermuesli

Fruit and Yogurt

Fruit

fruit salad, half grapefruit, selection of fresh fruit, baked apples, stewed prunes, fruit in syrup

Yogurts

assorted fruit flavours, plain, fat-free

Bread spreads

fruit jams, sugar-free preserves, honey, butter and margarine

Kids' Menu

Chocolate chip or banana pancakes

Assortment of muffins and mini croissants

Mini waffles

with wild berries or chocolate sauce, topped with whipped cream

Chocolate chip cookies

Mini French toast

fried with egg and cinnamon



MSC Cruises takes all possible precautions to ensure that the food offered to its guests is of the highest quality. Certain foods may have been frozen. These foods are defrosted using the most scrupulous procedures that do not alter the organoleptic qualities of the products. All menus are subject to change depending on product availability. The complete list of food ingredients from the menu items is available upon request. For low sodium diet please contact your Head Waiter or Restaurant Manager.

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